



PATH PACERS

Enhancing Community Well-being

Jack Byrne Regional Sport & Entertainment Centre is pleased to announce a new program aimed at students, aged 12 to 18. Through this program, we will promote physical activity, improve mental health, foster socialization and provide educational resources through monthly tool kits!

Students who participate in the PATH PACERS program will be allowed access to the walking track during regular track hours, and receive a kit each month offering a healthy snack and materials related to health, fitness and well-being. This program is free of charge.

Please fill and sign the attached registration form and return by email to boxoffice@nearena.ca

Walking Track Hours:

Monday thru Thursday	9am- 9pm
Friday thru Sunday	9am- 6pm

***please note there are some dates that the track will be unavailable due to special events
November 4-9, November 26-30*

Toolkits will be distributed as follows:

*October 27-29
November 24-26
December 15-18*

*January 19-21
February 16-18
March 17-19*

April 13-15