



## PATH PACERS

### Enhancing Community Well-being

Jack Byrne Regional Sport & Entertainment Centre is pleased to announce a new program aimed at students, aged 12 to 18. Through this program, we will promote physical activity, improve mental health, foster socialization and provide educational resources through monthly tool kits!

Students who participate in the PATH PACERS program will be allowed access to the walking track during regular track hours, and receive a kit each month offering a healthy snack and materials related to health, fitness and well-being. This program is free of charge.

Please fill and sign the attached registration form and return by email to [boxoffice@nearena.ca](mailto:boxoffice@nearena.ca)

#### Walking Track Hours:

Monday thru Thursday      9am- 9pm  
Friday thru Sunday          9am- 6pm

*\*\*please note there are some dates that the track will be unavailable due to special events- Nov 5 thru 10<sup>th</sup>; Nov 27 thru Dec 1<sup>st</sup>.\*\**

#### Toolkits will be distributed as follows:

November 18- 22	December 16- 20
January 20- 24	February 17- 21
March 17- 21	April 7- 11

This program is possible due to the support of funding received from the Active NL Fund.