



ALL JACKED UP 2022 Virtual Walk/ Run FAQ's

Get your sneakers ready and let's have some fun!

FAQ's:

What is the Event Date?

September 2nd – September 24th, 2022

How do I register?

Read the Declaration and Fill out the Participant Form!

Forms can be emailed to cgreen@nearena.ca or dropped off at the office (Monday- Friday 9:00am- 3:00pm)

Do I need to Run?

Absolutely not, it's your challenge to complete your way!

Is this a competitive race?

Nope! The only competition is yourself! We encourage everyone to participate.

There are two options- 5K and 10K. You choose which you would like to do and pace yourself.

You can do it in a day or a week!

There is no pressure!

Is there a fee? What do I get for my fee?

There is a \$20 fee.

All participants will receive an All Jacked Up 2022 medal, as well as items from our sponsors.

How do I get my medal and additional items?

Pickup will be available Sunday, September 25th from 12- 1:30pm.

There will also be random draws, with prizes supplied by sponsors.

How do I submit my results?

Send an email to cgreen@nearena.ca to let us know when you've completed your challenge!
That's it!